

Foreword

Athletic Hand and Wrist Injuries Return to Play



Mark D. Miller, MD
Consulting Editor

As I look back at my early career as a team physician, I recall some of my most challenging injuries involved the hand and wrist. Fortunately, I had experienced colleagues that I could (and did) call, even from the sidelines. My good fortune continued throughout my career, and recently, one of my colleagues literally came down from the stands in a championship football game to devise a splint to allow one of our star players to safely return to play.

My good friend, Dr Sanj Kakar, is one of the best and brightest hand surgeons that I know. He has done a fantastic job teaching hand surgery at the Miller Review Course, and I felt that he would be the perfect person to edit this issue of *Clinics in Sports Medicine*. He has put together a superb treatise on the treatment of hand and wrist injuries with an emphasis on return to play. This issue covers the entire gamut of these injuries in a very systematic and thorough manner. I have to hand it to him, this is an excellent issue, and I encourage you to keep a copy in your training room...and maybe on the sidelines!

Mark D. Miller, MD
Division of Sports Medicine
Department of Orthopaedic Surgery
University of Virginia
James Madison University
400 Ray C. Hunt Drive, Suite 330
Charlottesville, VA 22908-0159, USA

E-mail address:
mdm3p@virginia.edu