Foreword

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Shoulder arthritis as a topic for *Clinics in Sports Medicine*? That's a problem for older patients, not athletes. Not so fast...as athletic competition gets more fierce, more and more younger patients are making their shoulders into essentially weight-bearing joints, so we are increasingly seeing shoulder arthritis in our younger athletic population. Well, what do we do about it then? The answer to that lies within the pages of this issue of *Clinics in Sports Medicine*. I have asked two of my younger partners at The University of Virginia, to whom I refer all of my patients with shoulder arthritis, to put together a treatise on this important topic. As usual, they have done an excellent job. Drs Werner and Brockmeier have recruited a virtual *Who's Who* of the shoulder world to completely address shoulder arthritis in younger active patients. They have covered the gamut, beginning with cause, discussing all nonoperative and surgical options, addressing return to play and longevity of treatments, and concluding with a look into the future. When I was a resident, we had very little to offer this population, so, in many ways, the future is now. This is an excellent issue that I hope you all will enjoy—even if you end up referring these patients to your partners as well!

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