Preface

Advances in Hip Arthroscopy

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Editor

Hip arthroscopy continues to evolve at a rapid rate. The expansion of indications and the advancement in technique over the past twenty years are truly remarkable. The arthroscope has provided invaluable insight into the pathophysiology of a variety of hip pathologies, including acetabular labral tears, femoroacetabular impingement, hip dysplasia, and gluteal tendon tears. It has allowed surgeons to effectively treat hip conditions that historically have required large open surgeries in a minimally invasive fashion with promising results. Hip arthroscopy continues to fuel new ideas and techniques to treat complex hip conditions.

As surgeons taking part of this dramatic evolution, we must realize that sometimes it is important to pause and consider where we came from, where we are, and where we are heading. This issue of *Clinics in Sports Medicine* is dedicated to hip arthroscopy, the current state of the procedure, and what is on the horizon. We are pleased to have brought together an outstanding group of authors who have contributed to the advancement of hip arthroscopy and share a passion and excitement for the future of the procedure.

Since it is essential to remember where we started, we open this issue with an excellent article by Drs Safran and Kandil on the history of hip arthroscopy. Dr Nho and his coauthors then detail the essential radiographic evaluation of a hip patient. We then considered the most common indications for hip arthroscopy and selected experts to author nine articles that cover the evaluation and treatment of these conditions comprehensively. Dr Bedi and his coauthors present critical cautionary information in their article on complications and risks of hip arthroscopy. We conclude the issue with Kim Gray and Phil Malloy's insight into the rehabilitation of a hip arthroscopy patient.

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